

Make a Random Creativity Prompter with ideas from a coffee cup...



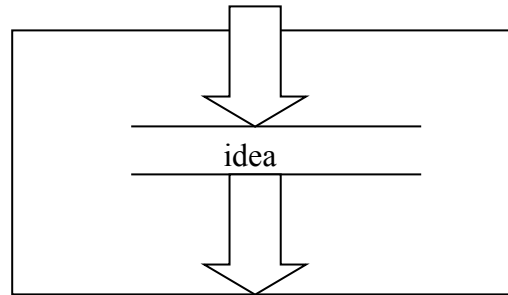
1. Take a warm bath.
2. Go for a drive with the windows open.
3. Cook something.
4. Call a friend and ask them.
5. Ask a child.
6. Think of an idea that could get you fired.
7. Paint something.
8. Draw w/chalk on a sidewalk.
9. Gargle.
10. Throw darts or a frisbee.
11. Sing karaoke.
12. Look at a kaleidoscope.
13. Doodle.
14. Do a puzzle.
15. Pray for a little help.
16. Ask the most creative person you know.
17. Ask the least creative person you know.
18. Put on some fast music & dance.
19. Blow bubbles.
20. Go skating.
21. Run through a sprinkler.
22. Throw snowballs.
23. Splash in a puddle.
24. Breathe slowly.
25. Flip a coin.
26. Mow the lawn.
27. What is the simplest solution?
28. Do 20 jumping jacks.
29. Go shopping!
30. Look.
31. Build a fort in your office.
32. Throw a ball.
33. Create a silly solution.
34. Design paper airplanes.
35. Use three wishes to solve your challenge.
36. Browse through a bookstore.
37. Watch an aquarium.
38. Play with clay.
39. Go fishing.
40. Jump on a trampoline.
41. Daydream.
42. How would you solve it with an infinite budget?
43. Write out the problem with your opposite hand.
44. Sing the National Anthem with a cockney accent.
45. Eat dinner.
46. Create an elevator pitch.
47. Clean something.
48. Look at clouds.
49. Go to a park and swing.
50. Take a nap.
51. Go bowling.
52. Spin in your chair shouting: "WHOOPEE!"
53. Eat a popsicle.
54. Make faces & take pictures of yourself.
55. High-five yourself.
56. Go camping.
57. Take a different route to work.
58. Massage your scalp for 10 minutes.
59. Make a connect-the-dots picture.
60. Go for a walk in the rain.
61. Pick up something with your toes.
62. Communicate.
63. Stand on your head.
64. Hang a new picture.
65. Play solitaire.
66. Blow up a balloon.
67. Caffeine.
68. Move some furniture around.

69. Imagine explaining the idea at an awards banquet.
70. Invent a game.
71. Think about it before you go to sleep.
72. Visit a business you've never been to.
73. When in doubt, try duct tape.
74. Watch flames in a fireplace.
75. Fly a kite.
76. Try a different angle.
77. Go for a walk.
78. Draw a picture of it.
79. Pretend to snorkel.
80. Think like a child.
81. Make a magnetic poem.
82. Smell a flower.
83. Climb a tree.
84. Find a new word in the dictionary.
85. Take an ice cream break.
86. Light a candle.
87. Light incense.
88. Play in a toy store.
89. Just don't think about it.
90. Use any exercise equipment.
91. Alphabetize your refrigeratables.
92. Pretend like it doesn't matter.
93. Paint with your fingers.
94. Draw in the dust.
95. Lose yourself in your favorite music.
96. Watch old black & white reruns.
97. Color in a coloring book.
98. Walk in a grocery store – notice clever solutions.
99. Rake the leaves in your yard.
100. Sit outside and count the stars.
101. Still can't find the answer? Call Maddock Douglas at 630.279.3939.

...based on ideas from their coffee cup, 101 Ways to Brew Up a Great Idea

INSTRUCTIONS:

1. Print & fold in half lengthwise to create strips.
2. Cut cardboard as shown below & Slide the strips through under slits so one idea shows at a time.



Or cut ideas into strips and make a Creativity Jar.



make yourself some Creativi-(tea)



& flip the creativity switch to "on!"

