

DEVELOPING RELATIONSHIPS

	New Friends		Make Conversation	
	To meet people, share interests : <ul style="list-style-type: none"> • Join groups • Volunteer • Entertain • Invite others to join you 		Topics: <ul style="list-style-type: none"> • Family • Occupation • Recreation • Current events & news 	
	Conversation Starters		CLOSE RELATIONSHIPS	
	Most fun? Best compliment? Favs: books, movies		Deeper questions about goals, best advice, biggest challenges, emotions...	
LOW	Connections		Attention	LOW
Degree of closeness	Acquaintances (Club members, classmates, etc.)		<i>Communicate</i>	Degree of attention
			Email	
			Send a card	
			Call	
			Visit	
			Ask about them	
			Share ideas, thoughts	
			Leave a note	
	Friends, Family (cousins, aunts & uncles, nephews, etc.)		<i>Acts of Kindness</i>	
			Offer to help w/task	
			Share a happy memory	
			<i>Simple gifts</i>	
			Compliments	
			Thank you's	
			Flowers	
	Close Friends, Immediate family		Candy	
			Muffins	
			Balloons	
		Photos		
		Share feelings		
		<i>Spend time together</i>		
		Invite for coffee/dinner		
		Go for a walk		
HIGH			Play a game	HIGH