

## Personal Development Dashboard

Based on the book "The Charge" by Brendon Burchard

<b>"The Charge"</b> <b>by Brendon Burchard</b>		<b>TheChargeBook.com/resources</b>	
Baseline Drives		Forward Drives	
<b>Control</b>		<b>Change</b>	
1. Control your outlook & character		1. Change for GAIN	
2. Control for new		2. Get clarity, think big & be bold	
3. Control workflow		3. Make real choices	
<b>Competence</b>		<b>Challenge</b>	
1. Assess & direct your desire to learn		1. Choose fulfilling challenges	
2. Set a real challenge, plan success, get a coach		2. Focus on journey, don't fear rejection	
3. Integrate successes into your identity		3. Set monthly 30 day challenges	
<b>Congruence</b>		<b>Creative Expression</b>	
1. Set new standards for yourself		1. Amplify creative expression in all areas	
2. Set your mood meter		2. Study people & design	
3. Keep your word & follow through		3. Create more, share more	
<b>Caring</b>		<b>Contribution</b>	
1. Care for thyself		1. Give of yourself	
2. Be more vulnerable/allow others to care		2. Give to	
3. Be more present, interested & attentive to others		3. Mentor, mentor, mentor	
<b>Connection</b>		<b>Consciousness</b>	
1. Define and design your ideal relationships		1. Focus your consciousness	
2. Practice positive projection		2. Transcend consciousness	
3. Find & cultivate "growth friends"		3. Live in wonder	